



## **Pack 1533 – List of Suggested Local Hikes (20201230):**

We compiled a list of local hikes that are easy for introducing cubs and families to hiking in our area. Many of the hikes can even accommodate a Bob-type stroller, so the whole family can get outside while still following the sheltering-in-place order. This list is meant to give some suggestions for going hiking with your cub, and we recommend doing your own research before heading outdoors.

### **Easy:**

Griffith Quarry, Penryn, CA

Hike on the easy trails winding around the historic Griffith granite quarry. There are a total of 23 acres to explore, and hikes can vary from 0.5 miles upwards to 3 miles. Free parking is available in the lot.

Folsom Lake Levy – from Cavitt Jr High in Granite Bay, CA

There is free access and ample parking near the tennis courts, and Folsom Lake is a short 0.5 mile hike south across the playing fields and then follow the main trail up to the levy. Once up at the levy, heading left will take you towards Granite Bay Beach and the Pony Express Trail system that runs toward Auburn. Or head down to the water and explore the different flowers, rocks, and animal footprints (and droppings). 1 mile minimum distance (out and back), further as desired.

UC Davis Arboretum, Davis, CA

Walk the pathway that winds through the 100 acre public arboretum and display gardens. Explore trees and plants from around the world, ranging from a redwood grove to eucalyptus trees and even succulents and cacti. Parking is free on the weekends, and the arboretum can be accessed through numerous parking lots along the route.

### **Moderate:**

Black Hole of Calcutta Falls, Auburn, CA

A nice hike along the American River to a little waterfall and pedestrian bridge. 2.2 miles out and back over a wide dirt trail. Free parking is available along highway 49, but availability can vary greatly.

Avery's Pond Trail, Folsom Lake, Newcastle, CA

2.4 mile relatively flat out and back. Parking is available at the trailhead and near the Rattlesnake Bar Boat Launch, all within the Folsom Lake State Park. Parking requires a day pass, or Annual State Park Poppy Pass.



#### Quarry Trail, Auburn, CA

A nice and easy hike along the American River to the old stone quarry. Follow the signs and hike along the gravel access road along the meandering river. If you're feeling adventurous, follow the signs up to the quarry (climbing area) and watch rock climbers ascend the huge granite walls. 3 miles roundtrip to the quarry and back. Parking requires a day or annual State Park Poppy Pass, and the parking lot for this trailhead is very small and impacted. Free parking is also available along the road, but availability can vary depending on time of day.

#### Lake Clementine Trail, Auburn, CA

Hike under the Foresthill Bridge along the North Fork of the American River, ultimately ending up at the Lake Clementine dam and spillway. It is particularly impressive in the springtime as runoff and snowmelt create impressive flows over the dam. 4 miles out and back, and parking at the confluence of the North and Middle forks of the American River requires a day or annual State Park Poppy Pass.

#### Hidden Falls Regional Park, Auburn, CA

A great trail system with one main loop road, and numerous smaller single-track trails to explore. This park system is shared by hikers, bikers, and equestrians, and parking/access reservations must be made in advance. The main trails to the falls are compatible with a Bob-type stroller.

#### Codfish Creek Falls Discovery Trail, Colfax, CA

2.8 mile easy out and back hike along the river. Parking requires a day pass, or Annual State Park Poppy Pass. Parking is available along the road, but availability can vary depending on time of day. A SUV or truck with higher clearance is recommended for this trailhead, as the dirt road into the canyon isn't great.

#### Empire Mine State Park, Grass Valley, CA

A historic gold mine with miles of walking/hiking trails through the woods. There is also a great museum showing the park's rich history and gold mining operations. State Park facilities may be affected by the closures, so check before you go.

### **More Difficult:**

#### Point Reyes National Seashore, Olema, CA

There are many miles of amazing hiking and backpacking along the Pacific coast. One easy option is to park from the lot adjacent to the Youth Hostel, and follow the Coast Trail to the ocean and back. Or start from the Bear Valley Visitor's Center and hike along the Bear Valley



Trail out to the coast and back. Accessible year-round, but recent fires have limited some trail access. Check the trail status before heading down.

Loch Leven Lakes Trail, Big Bend, CA

8.8 miles round trip with 1600' of elevation gain. A beautiful trio of granite rimmed high-sierra lakes are well worth the hike. Even if you don't make it to the lakes, the scenery along the way is beautiful. Recommended for older scouts and more experienced hikers, and not accessible during winter months except with snowshoes.